

# Down to Earth<sup>™</sup>

ORGANIC & NATURAL

# Menu



# Skip the Line, Order Online!



**Order your Deli Favorites Online  
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**Download the Mobile App "Down to Earth Deli"**



**or visit [dtedeli.org](https://dtedeli.org)**

Discounts do not apply.



**Juice**

# FRESH JUICES

12oz **\$6.99** · 16oz **\$8.99** · 24oz **\$11.99**

## The Real V8

Organic Carrots, Organic Tomatoes, Organic Celery, Organic Beets, Organic Spinach, Organic Parsley, Organic Ginger, Organic Garlic

## Alive

Organic Apples, Organic Celery, Cucumber, Organic Spinach, Organic Ginger, Organic Mint

## Immune Booster

Organic Carrots, Organic Celery, Wheatgrass, Organic Ginger, Organic Garlic

## Energize Surprise

Organic Oranges, Organic Carrots, Organic Apples, Organic Lemon, Organic Ginger

## Fantastic Fat Fighter

Organic Cucumber, Organic Apples, Organic Celery, Organic Mint, Organic Lime, Coconut Water

## Fresh-n-Fabulous

Organic Apples, Organic Mint, Organic Kale, Organic Parsley, Organic Basil, Organic Spinach, Organic Celery, Coconut Water

## Beauty Beets

Organic Carrots, Organic Beets, Organic Lemon, Organic Ginger

## Emergen-C

Organic Oranges, Organic Lemon, Pineapple, Organic Carrots

## Organic Carrot

Organic Carrots

## Organic Orange Juice

12oz **\$9.99** · 16oz **\$11.99** · 24oz **\$15.99**

## Superfoods Shots

1oz **\$4.59** · 2oz **\$6.59**

Wheatgrass

# MAKE YOUR OWN FRESH JUICE!

12oz **\$6.99** • 16oz **\$8.99** • 24oz **\$11.99**

Step

**1**

## Choose Your Juice Base Pick any combination of:

- Apple
- Beet
- Carrot
- Celery
- Coconut Water
- Cucumber
- Tomato

Step

**2**

## Choose any Combination of Juice Add-Ons: (Only 1 Serving of Each) Extra Servings \$1 Each

- Basil
- Organic Garlic
- Organic Ginger
- Kale
- Organic Lemon
- Organic Lime
- Organic Mint
- Organic Spinach
- Organic Parsley
- Organic Turmeric
- Wheatgrass

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## ADD A NUTRITIONAL BLASTS \$1.00 EACH

- Acai
  - Cacao Nibs
  - Cacao Powder
  - Chia Seeds
  - Flax
  - Ginger
  - Maca
  - Pomegranate
  - Protein Powder (Raw Plant or Whey)
-

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A close-up photograph of a silver espresso machine spout pouring a stream of golden-brown espresso into two clear glass cups. The cups are partially filled with the coffee. The background is a plain, light-colored surface.

# **Organic Espresso Bar**

# ORGANIC ESPRESSO DRINKS

Drink	Small	Medium	Large
Americano	<b>\$3.99</b>	<b>\$4.59</b>	<b>\$4.99</b>
Café Latte	<b>\$4.59</b>	<b>\$5.59</b>	<b>\$5.99</b>
Mocha Latte	<b>\$4.99</b>	<b>\$5.59</b>	<b>\$5.99</b>
Vanilla Latte	<b>\$4.99</b>	<b>\$5.59</b>	<b>\$5.99</b>
Cinnamon Honey Latte	<b>\$4.99</b>	<b>\$5.59</b>	<b>\$5.99</b>
Cappuccino	<b>\$4.99</b>	<b>\$5.59</b>	<b>\$5.99</b>
Flat White	<b>\$4.99</b>	<b>\$5.59</b>	<b>\$5.99</b>
Mushroom Love Latte	<b>\$5.59</b>	<b>\$5.99</b>	<b>\$6.99</b>
Mushroom Love Mocha	<b>\$5.59</b>	<b>\$5.99</b>	<b>\$6.99</b>

# OTHER DRINKS

Drink	Small	Medium	Large
Chai Latte	<b>\$4.99</b>	<b>\$5.59</b>	<b>\$5.99</b>
Yerba Mate Latte	<b>\$4.99</b>	<b>\$5.59</b>	<b>\$5.99</b>
Hot Chocolate	<b>\$4.59</b>	<b>\$5.59</b>	<b>\$5.99</b>



# ICE BLENDED DRINKS

Drink	Small	Medium	Large
Mocha Latte Ice Blended	\$5.59	\$5.99	\$6.59
Vanilla Latte Ice Blended	\$5.59	\$5.99	\$6.59
Chai Latte Ice Blended	\$5.59	\$5.99	\$6.59

## EXTRAS

### Extra Espresso Shots:

- Single \$1.99
- Double \$2.99

**Add organic whipped cream 50¢**  
**Add your favorite organic flavor 50¢**

- Caramel
- Mint
- Vanilla
- Raspberry
- Pumpkin Spice
- Hazelnut
- Almond

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Down to Earth's Espresso Drinks uses Fair Trade Certified and USDA Organic Espresso Beans

All Down to Earth Espresso drinks can be made with your choice of Organic Whole Milk, Organic Low Fat Milk, Organic Soy Milk, Almond Milk or Coconut Milk



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# Smoothies

# SUPER SMOOTHIES

12oz **\$7.59** · 16oz **\$9.99** · 24oz **\$12.99**

## Kreamy Kale

Kale, Sprouted Almonds, Purified Water, Bananas, Flax, Almond Butter, Agave

## Mocha Mixer

Cacao Nibs, Cacao Powder, Bananas, Sprouted Almonds, Purified Water, Coconut Oil, Dandelion Coffee, Agave

## Berry Blaster

Strawberries, Blueberries, Raspberries, Bananas, Sprouted Almonds, Purified Water, Super Greens, Acai Powder, Agave

## Powerful Protein

Sprouted Almonds, Purified Water, Bananas, Almond Butter, Raw Plant or Whey Protein, Spirulina, Maca, Agave

## Island Sunset

Strawberries, Mango, Bananas, Pineapple, Coconut Water, Goji, Pomegranate Powder, Agave

# ALL FRUIT SMOOTHIES

12oz **\$5.99** · 16oz **\$7.59** · 24oz **\$9.99**

## Tropical Passion

Mango, Papaya, Bananas, Passion Fruit Mango Juice

## Lanikai Sunrise

Mango, Pineapple, Strawberries, Passion Fruit Mango Juice

## Ultimate Berry

Blueberries, Raspberries, Strawberries, Apple Juice

## Pitaya Smoothie (Dragonfruit)

Organic Pitaya, Strawberries, Mango, Pineapple, Bananas, Passion Fruit Mango Juice

## Mega Acai Smoothie

Organic Acai Sorbet, Blueberries, Pineapple, Bananas, Apple Juice

# SUPER FRUIT BOWLS

## **Pitaya (Dragonfruit) Bowl \$9.99**

Organic Pitaya Sorbet, Strawberries, Bananas, Apple Juice. Topped with Granola

## **Rio Acai Bowl \$9.99**

Organic Acai Sorbet, Bananas, Apple Juice. Topped with Granola

## **Warrior Bowl \$10.99**

Your choice of Organic Acai Sorbet or Organic Pitaya Sorbet, Blueberries, Raspberries, Bananas, Strawberries, Apple Juice. Topped with Shredded Coconut, Granola, and Honey

## **Lehua Bowl \$9.99**

Pineapple, Bananas, Coconut Water, Goji Berries. Topped with Shredded Coconut, Sliced Bananas, Hemp Seeds, Coconut Cream Drizzle

## **Makai Bowl \$9.99**

Blue Spirulina Sorbet, Pineapple, Passion Fruit Mango Juice. Topped with Hemp Seeds, Sliced Bananas, Shredded Coconut

## **Mauka Bowl \$9.99**

Green Spirulina Maca Sorbet, Pineapple, Banana, Coconut Water. Topped with Bee Pollen, Sliced Bananas, Chia Seeds, Coconut Cream Drizzle

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## ADD A NUTRITIONAL BLASTS

**\$1.00 each**

- Acai
- Cacao Nibs
- Cacao Powder
- Chia Seeds
- Flax
- Ginger
- Maca
- Pomegranate
- Protein Powder (Raw Plant or Whey)
- Spirulina
- Supergreens
- Turmeric
- Vitamin C

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Any of our Smoothies and Shakes can be made Vegan with Organic Soy Milk, Almond Milk, Coconut Milk or Organic Soy Ice Cream upon request. Agave can be substituted with Honey or Dates.

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# CREAMY SMOOTHIES

12oz **\$7.99** · 16oz **\$9.99** · 24oz **\$13.99**

## Very Berry

Blueberries, Blackberries, Strawberries, Apple Juice, Organic Vanilla Ice Cream, Organic Low Fat Milk

## Tropical Mango

Mango, Bananas, Pineapple, Papayas, Passion Fruit Mango Juice, Organic Vanilla Ice Cream

## Piña Colada

Pineapple, Coconut Milk, Passion Fruit Mango Juice, Organic Vanilla Ice Cream

# ICE CREAM SHAKES

12oz **\$7.99** · 16oz **\$9.99** · 24oz **\$13.99**

## Vanilla

Organic Vanilla Ice Cream, Organic Low Fat Milk, Organic Vanilla

## Chocolate

Organic Vanilla Ice Cream, Organic Low Fat Milk, Organic Chocolate Syrup

## Strawberry

Organic Vanilla Ice Cream, Organic Low Fat Milk, Strawberries

## Peanut Butter

Organic Vanilla Ice Cream, Organic Low Fat Milk, Peanut Butter

## Coconut Macadamia Nut

Organic Vanilla Ice Cream, Coconut Milk, Macadamia Nuts, Shredded Coconut

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## ADD A NUTRITIONAL BLASTS

**\$1.00 Each**

- Acai
- Cacao Nibs
- Cacao Powder
- Chia Seeds
- Flax
- Ginger
- Maca
- Pomegranate
- Protein Powder (Raw Plant or Whey)
- Spirulina
- Supergreens
- Turmeric
- Vitamin C

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# Sandwiches & Wraps



# DTE SIGNATURE BURGERS

Down to Earth's house-made veggie burgers are prepared from scratch daily.

All burgers come with Follow Your Heart  Vegenaïse, Organic Ketchup, Organic Tomatoes, Onion, Sprouts, Pickles, Organic Lettuce, your choice of Cheese all on a Whole Wheat Bun. Cheese options include: Swiss, Jack, Cheddar, Vegan Cheddar or Vegan Swiss

## Earth Burger \$12.99

Okinawan Sweet Potato, Onions, Organic Carrots, Organic Celery, Garlic, Almonds, Organic Oat Flour, Organic Oats, Spectrum Extra Virgin Olive Oil, Organic Wheat Free Tamari, Organic Tomato Paste, Mock Beef Seasoning, Sea Salt, Black Pepper, Jalapenos, Organic Flax Seed Meal

## Black Bean & Roasted Beets Burger \$12.99

Wheat Free Burger Patty Organic Black Beans, Organic Roasted Beets, Organic Brown Rice, Mushrooms, Organic Sunflower Seeds, Onions, Garlic, Gluten Free Bread Crumbs, Italian Seasoning, Spike, Spectrum Extra Virgin Olive Oil, Sea Salt, Black Pepper

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Any Burger or Sandwich can be made using Whole Wheat Wraps

All Breads, Wraps, and Buns are Vegan

All Burgers and Sandwiches can be made without any breads. Substitute lettuce or kale as a wrap instead

### Cheese options include:


- Swiss
- Jack
- Cheddar Cheese

### Vegan Cheese options include:

- Vegan Cheddar
  - Vegan Swiss
- 



# SPECIALTY BURGERS

All burgers come with Follow Your Heart  Vegenaise, Organic Ketchup, Organic Tomatoes, Onion, Sprouts, Pickles, Organic Lettuce, your choice of Cheese all on a Whole Wheat Bun. Cheese options include: Swiss, Jack, Cheddar, Vegan Cheddar or Vegan Swiss

## **Beyond Burger \$14.99**

Water, Pea Protein Isolate\*, Expeller-Pressed Canola Oil, Refined Coconut Oil, Rice Protein, Natural Flavors, Cocoa Butter, Mung Bean Protein, Methylcellulose, Potato Starch, Apple Extract, Salt, Potassium Chloride, Vinegar, Lemon Juice Concentrate, Sunflower Lecithin, Pomegranate Fruit Powder, Beet Juice Extract

## **Amy's California Veggie Burger \$12.99**

Organic mushrooms, organic bulgur wheat, organic onions, organic celery, organic carrots, organic oats, organic walnuts, organic wheat gluten, organic potatoes, sea salt, organic high oleic safflower and/or sunflower oil, organic garlic. Contains wheat and tree nuts (walnuts).

## **Turtle Island Tempeh Super Burger \$12.99**

Organic Soybeans, Organic Brown Rice, Organic Wild Rice, Shoyu, Lemon Juice, Onions, Garlic, Vinegar, Starter Culture (Rhizopus Oligosporus)

## **Wheat Free Burger \$14.99**

Pick your choice of Wheat-Free Burger:


- Down to Earth's Black Bean & Roasted Beets Burger or
- Gardein Garden Veggie Burger

and your choice of Gluten Free bread:

- Gluten Free Wrap
- Gluten Free Bun

# HOT SANDWICHES & WRAPS

## The Reuben • \$10.99

Vegetarian Yves Salami, Sauerkraut, Swiss Cheese, Sesame Seeds, Pickles, Tomatoes, Organic Organic Lettuce, Stone Ground Mustard, and Follow Your Heart  Vegenaise on Rye

## The Veggie Dog • \$7.99

Relish, Ketchup, and Mustard on a Whole Wheat Bun with your choice of

- Field Roast Apple Sage Sausage
- Field Roast Chipotle Sausage
- Yves Veggie Dog

## Focaccia Panini • \$10.99

Pesto, Mozzarella Provolone Cheese Blend, Tomatoes, Onions, Bell Peppers, and Vegetarian Yves Ham, Yves Turkey, or Yves Salami (Grilled) on Focaccia bread

## Mediterranean Panini • \$10.99

Pesto, Tomatoes, Kalamata Olives, Feta and Mozzarella Cheese, Spinach, and Balsamic Vinegar on Focaccia bread

## Mock Chicken Supreme • \$12.99

Alpha Foods Chik'n Patty, Vegenaise, Ketchup, Onions, Lettuce, Tomatoes, Pickles, Sprouts, and Swiss, Jack, or Cheddar Cheese on a Whole Wheat Bun


## Nashville Hot Chik'n Sandwich (Spicy) \$14.99

Gardein Nashville tender, coleslaw, pickles, vegenaise on a toasted bun.


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- Any Burger or Sandwich can be made using Whole Wheat Wraps
  - All Breads, Wraps, and Buns are Vegan
  - All Burgers and Sandwiches can be made without any breads  
Substitute lettuce or kale as a wrap instead
  - Cheese options include Swiss, Jack, or Cheddar Cheese
  - Vegan Cheese options include Vegan Cheddar or Vegan Swiss
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# COLD SANDWICHES & WRAPS


## The Rainforest Sub • \$10.99

Avocado, Sprouts, Spinach, Tomatoes, Carrots, Bell Peppers, Onions, Mustard, Follow Your Heart  Vegenaïse, Spike, and Lemon Juice on a Whole Wheat Sub Roll

## Veggie Cold Cut Sub • \$10.99

Vegetarian Yves Salami, Yves Turkey or Yves Ham Slices, Tomatoes, Pepperoncini, Onions, Black Olives, Organic Lettuce, Bell Peppers, Follow Your Heart  Vegenaïse, Mustard, Olive Oil, Vinegar, and Swiss, Jack or Cheddar Cheese on a Whole Wheat Sub Roll

## Mock Chicken Salad Wrap • \$10.99

Down to Earth Mock Chicken Salad with Follow Your Heart  Vegenaïse, Tomatoes, Cucumber, Sprouts, and Organic Lettuce on a Whole Wheat Tortilla

## Avocado Wrap or Sandwich • \$10.99

Avocado, Tomatoes, Onions, Sprouts, Follow Your Heart  Vegenaïse and Mustard on a Whole Wheat Tortilla or Whole Wheat Bread

## Falafel Wrap • \$10.99

Falafel, hummus, tomatoes, cucumbers, lettuce, tzatziki sauce on a whole wheat tortilla.

## EXTRAS

**Gluten Free Wrap • \$1.00**

**Gluten Free Bread or Burger Bun • \$2.00**

**Organic Tortilla Chips & Salsa • \$1.99**

**Add Cheese or Vegan Cheese • \$.49**

- Swiss, Jack, or Cheddar Cheese
- Vegan Cheddar or Swiss Cheese

**Avocado • \$2.00**

# SOUTH OF THE BORDER

## **Fresh Mex Burrito • \$10.99**

3 Bean Chili, Organic Brown Rice, Cheese, Vegan Red Pepper Dressing, and Organic Lettuce on a Whole Wheat Tortilla

## **Quesadilla • \$10.99**

Cheese, Bell Peppers, Green Onions, and Black Olives on a Whole Wheat Tortilla

All South of the Border entrées come with side orders of Sour Cream, Avocado, and Fresh Salsa

# VEGGIE VALUE MENU

## **Mock Fishwich • \$5.99**

Mock fish tempura fillet, cheese, whole wheat bun, vegenaïse, relish

## **Mock Fish Taco • \$2.99**

Mock fish tempura fillet, corn tortilla, red cabbage, salsa, cilantro

## **Bean Rice Cheese Burrito • \$4.99**

Whole wheat wrap, brown rice, mixed beans, cheese

## **Spicy Chik'n Roll up • \$6.99**

Nashville hot chik'n tender, whole wheat wrap, vegenaïse, lettuce

## **Grilled Ham and Cheese • \$5.99**

Whole Wheat Bread, Cheddar Cheese, Yves Mock Ham

## **Value Cheeseburger • \$5.99**

Earth Burger patty, cheese, ketchup, pickles

## **Cheese Quesadilla • \$4.99**

Whole wheat wrap, cheese

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- All Breads, Wraps, and Buns are Vegan
- All Burgers and Sandwiches can be made without any breads. Substitute lettuce or kale as a wrap instead
- Cheese options include Swiss, Jack, or Cheddar Cheese
- Vegan Cheese options include Vegan Cheddar or Vegan Swiss

# KEIKI MENU

## Grilled Cheese • \$5.99

Whole Wheat Bread, Your Choice of Cheddar Cheese or Vegan Cheddar Cheese

## Almond Butter and Jelly • \$5.99

Whole Wheat Bread, Almond Butter, Your Choice of Strawberry Jelly or Grape Jelly

## Peanut Butter and Jelly • \$4.99

Whole Wheat Bread, Peanut Butter, Your Choice of Strawberry Jelly or Grape Jelly

## Mock Chicken Nuggets (Alpha Chik'n Nuggets)

- 4 Pieces **\$3.99**
- 10 Pieces **\$7.99**

**Add-ons: BBQ Sauce 50¢ Ranch Sauce 50¢**



Also available in the freezer section at select Down to Earth locations

Alpha Mock Chicken Nuggets: Chik'n (Water, Soy Protein Concentrate, Textured Wheat Protein [Wheat Gluten, Wheat Starch, Vitamin E (Tocopherols)], Canola Oil, Vegan Chik'n Seasoning [Maltodextrin, Yeast Extract, Salt, Gum Arabic, Natural Flavors, Citric Acid], Methylcellulose, Yeast Extract, Natural Vegan Flavor), Breading (Wheat Flour, Wheat Gluten, Corn Starch, Canola Oil, Sugar, Yeast, Dextrose, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], Garlic Powder, Onion Powder, Salt, Sunflower Oil. CONTAINS: Soy, Wheat

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2525 S King St  
Honolulu, HI  
Phone: (808) 947-7678

## **Kakaako**

500 Keawe Street  
Honolulu, HI  
Phone: (808) 465-2512

## **Kailua**

573 Kailua Road  
Kailua, HI  
Phone: (808) 262-3838

## **Pearlridge**

98-211 Pali Momi Street  
Aiea, HI  
Phone: (808) 488-1375

## **Kapolei**

4460 Kapolei Parkway  
Kapolei, HI  
Phone: 808-675-2300

## **Kahului, Maui**

305 Dairy Rd  
Kahului, HI  
Phone: (808) 877-2661

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