

Down to Earth[™]

ORGANIC & NATURAL

Menu



Skip the Line, Order Online!



**Order your Deli Favorites Online
Pick Up in Store or Get it Delivered**

Download the Mobile App “Down to Earth Deli”



or visit dtedeli.org

Discounts do not apply.



Juice

FRESH JUICES

12oz **\$6.99** · 16oz **\$8.99** · 24oz **\$11.99**

The Real V8

Organic Carrots, Organic Tomatoes, Organic Celery, Organic Beets, Organic Spinach, Organic Parsley, Organic Ginger, Organic Garlic

Alive

Organic Apples, Organic Celery, Cucumber, Organic Spinach, Organic Ginger, Organic Mint

Immune Booster

Organic Carrots, Organic Celery, Wheatgrass, Organic Ginger, Organic Garlic

Energize Surprize

Organic Oranges, Organic Carrots, Organic Apples, Organic Lemon, Organic Ginger

Fantastic Fat Fighter

Organic Cucumber, Organic Apples, Organic Celery, Organic Mint, Organic Lime, Coconut Water

Fresh-n-Fabulous

Organic Apples, Organic Mint, Organic Kale, Organic Parsley, Organic Basil, Organic Spinach, Organic Celery, Coconut Water

Beauty Beets

Organic Carrots, Organic Beets, Organic Lemon, Organic Ginger

Emergen-C

Organic Oranges, Organic Lemon, Pineapple, Organic Carrots

Organic Carrot

Organic Carrots

Organic Orange Juice

12oz **\$9.99** · 16oz **\$11.99** · 24oz **\$15.99**

Superfoods Shots

1oz **\$4.59** · 2oz **\$6.59**

Your choice of Ginger or Wheatgrass

MAKE YOUR OWN FRESH JUICE!

12oz **\$6.99** • 16oz **\$8.99** • 24oz **\$11.99**

Step

1

Choose Your Juice Base Pick any combination of:

- Apple
- Beet
- Carrot
- Celery
- Coconut Water
- Cucumber
- Tomato

Step

2

Choose any Combination of Juice Add-Ons: (Only 1 Serving of Each) Extra Servings \$1 Each

- Basil
- Organic Garlic
- Organic Ginger
- Kale
- Organic Lemon
- Organic Lime
- Organic Mint
- Organic Spinach
- Organic Parsley
- Organic Turmeric
- Wheatgrass

ADD A NUTRITIONAL BLASTS **\$1.00 EACH**

- Acai
 - Cacao Nibs
 - Cacao Powder
 - Chia Seeds
 - Flax
 - Ginger
 - Maca
 - Pomegranate
 - Protein Powder
(Raw Plant or Whey)
-

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A close-up photograph of a silver espresso machine spout pouring a stream of golden-brown espresso into two clear glass cups. The cups are partially filled with the coffee. The background is a soft, out-of-focus white.

Organic Espresso Bar

ORGANIC ESPRESSO DRINKS

Drink	Small	Medium	Large
Americano	\$3.99	\$4.59	\$4.99
Café Latte	\$4.59	\$5.59	\$5.99
Mocha Latte	\$4.99	\$5.59	\$5.99
Vanilla Latte	\$4.99	\$5.59	\$5.99
Cinnamon Honey Latte	\$4.99	\$5.59	\$5.99
Cappuccino	\$4.99	\$5.59	\$5.99
Flat White	\$4.99	\$5.59	\$5.99
Mushroom Love Latte	\$5.59	\$5.99	\$6.99
Mushroom Love Mocha	\$5.59	\$5.99	\$6.99

OTHER DRINKS

Drink	Small	Medium	Large
Chai Latte	\$4.99	\$5.59	\$5.99
Yerba Mate Latte	\$4.99	\$5.59	\$5.99
Hot Chocolate	\$4.59	\$5.59	\$5.99

ICE BLENDED DRINKS

Drink	Small	Medium	Large
Mocha Latte Ice Blended	\$5.59	\$5.99	\$6.59
Vanilla Latte Ice Blended	\$5.59	\$5.99	\$6.59
Chai Latte Ice Blended	\$5.59	\$5.99	\$6.59

EXTRAS

Extra Espresso Shots:

- Single \$1.99
- Double \$2.99

Add organic whipped cream 50¢

Add your favorite organic flavor 50¢

- Caramel
- Mint
- Vanilla
- Raspberry
- Pumpkin Spice
- Hazelnut
- Almond

Down to Earth's Espresso Drinks uses Fair Trade Certified and USDA Organic Espresso Beans

All Down to Earth Espresso drinks can be made with your choice of Organic Whole Milk, Organic Low Fat Milk, Organic Soy Milk, Almond Milk or Coconut Milk



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A glass jar filled with a thick, yellow smoothie. A slice of pineapple is perched on the rim of the jar, and a lime wedge is visible on the left side. The jar is set against a rustic, dark wooden background. The word "Smoothies" is written in bold black text on a white rectangular background, centered over the jar.

Smoothies

SUPER SMOOTHIES

12oz **\$7.59** · 16oz **\$9.99** · 24oz **\$12.99**

Kreamy Kale

Kale, Sprouted Almonds, Purified Water, Bananas, Flax, Almond Butter, Agave

Mocha Mixer

Cacao Nibs, Cacao Powder, Bananas, Sprouted Almonds, Purified Water, Coconut Oil, Dandelion Coffee, Agave

Berry Blaster

Strawberries, Blueberries, Raspberries, Bananas, Sprouted Almonds, Purified Water, Super Greens, Acai Powder, Agave

Powerful Protein

Sprouted Almonds, Purified Water, Bananas, Almond Butter, Raw Plant or Whey Protein, Spirulina, Maca, Agave

Island Sunset

Strawberries, Mango, Bananas, Pineapple, Coconut Water, Goji, Pomegranate Powder, Agave

ALL FRUIT SMOOTHIES

12oz **\$5.99** · 16oz **\$7.59** · 24oz **\$9.99**

Tropical Passion

Mango, Papaya, Bananas, Passion Fruit Mango Juice

Lanikai Sunrise

Mango, Pineapple, Strawberries, Passion Fruit Mango Juice

Ultimate Berry

Blueberries, Raspberries, Strawberries, Apple Juice

Pitaya Smoothie (Dragonfruit)

Organic Pitaya, Strawberries, Mango, Pineapple, Bananas, Passion Fruit Mango Juice

Mega Acai Smoothie

Organic Acai Sorbet, Blueberries, Pineapple, Bananas, Apple Juice

SUPER FRUIT BOWLS

Pitaya (Dragonfruit) Bowl \$9.99

Organic Pitaya Sorbet, Strawberries, Bananas, Apple Juice. Topped with Granola

Rio Acai Bowl \$9.99

Organic Acai Sorbet, Bananas, Apple Juice. Topped with Granola

Warrior Bowl \$10.99

Your choice of Organic Acai Sorbet or Organic Pitaya Sorbet, Blueberries, Raspberries, Bananas, Strawberries, Apple Juice. Topped with Shredded Coconut, Granola, and Honey

Lehua Bowl \$9.99

Pineapple, Bananas, Coconut Water, Goji Berries. Topped with Shredded Coconut, Sliced Bananas, Hemp Seeds, Coconut Cream Drizzle

Makai Bowl \$9.99

Blue Spirulina Sorbet, Pineapple, Passion Fruit Mango Juice. Topped with Hemp Seeds, Sliced Bananas, Shredded Coconut

Mauka Bowl \$9.99

Green Spirulina Maca Sorbet, Pineapple, Banana, Coconut Water. Topped with Bee Pollen, Sliced Bananas, Chia Seeds, Coconut Cream Drizzle

ADD A NUTRITIONAL BLASTS

\$1.00 each

- Acai
- Cacao Nibs
- Cacao Powder
- Chia Seeds
- Flax
- Ginger
- Maca
- Pomegranate
- Protein Powder (Raw Plant or Whey)
- Spirulina
- Supergreens
- Turmeric
- Vitamin C

Any of our Smoothies and Shakes can be made Vegan with Organic Soy Milk, Almond Milk, Coconut Milk or Organic Soy Ice Cream upon request. Agave can be substituted with Honey or Dates.

CREAMY SMOOTHIES

12oz **\$7.99** · 16oz **\$9.99** · 24oz **\$13.99**

Very Berry

Blueberries, Blackberries, Strawberries, Apple Juice, Organic Vanilla Ice Cream, Organic Low Fat Milk

Tropical Mango

Mango, Bananas, Pineapple, Papayas, Passion Fruit Mango Juice, Organic Vanilla Ice Cream

Piña Colada

Pineapple, Coconut Milk, Passion Fruit Mango Juice, Organic Vanilla Ice Cream

ICE CREAM SHAKES

12oz **\$7.99** · 16oz **\$9.99** · 24oz **\$13.99**

Vanilla

Organic Vanilla Ice Cream, Organic Low Fat Milk, Organic Vanilla

Chocolate

Organic Vanilla Ice Cream, Organic Low Fat Milk, Organic Chocolate Syrup

Strawberry

Organic Vanilla Ice Cream, Organic Low Fat Milk, Strawberries

Peanut Butter

Organic Vanilla Ice Cream, Organic Low Fat Milk, Peanut Butter

Coconut Macadamia Nut

Organic Vanilla Ice Cream, Coconut Milk, Macadamia Nuts, Shredded Coconut

ADD A NUTRITIONAL BLASTS

\$1.00 Each

- Acai
- Cacao Nibs
- Cacao Powder
- Chia Seeds
- Flax
- Ginger
- Maca
- Pomegranate
- Protein Powder (Raw Plant or Whey)
- Spirulina
- Supergreens
- Turmeric
- Vitamin C

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Sandwiches & Wraps



DTE SIGNATURE BURGERS

Down to Earth's house-made veggie burgers are prepared from scratch daily.

All burgers come with Follow Your Heart  Vegenaïse, Organic Ketchup, Organic Tomatoes, Onion, Sprouts, Pickles, Organic Lettuce, your choice of Cheese all on a Whole Wheat Bun. Cheese options include: Swiss, Jack, Cheddar, Vegan Cheddar or Vegan Swiss

Earth Burger \$12.99

Okinawan Sweet Potato, Onions, Organic Carrots, Organic Celery, Garlic, Almonds, Organic Oat Flour, Organic Oats, Spectrum Extra Virgin Olive Oil, Organic Wheat Free Tamari, Organic Tomato Paste, Mock Beef Seasoning, Sea Salt, Black Pepper, Jalapenos, Organic Flax Seed Meal

Black Bean & Roasted Beets Burger \$12.99

Wheat Free Burger Patty Organic Black Beans, Organic Roasted Beets, Organic Brown Rice, Mushrooms, Organic Sunflower Seeds, Onions, Garlic, Gluten Free Bread Crumbs, Italian Seasoning, Spike, Spectrum Extra Virgin Olive Oil, Sea Salt, Black Pepper

Any Burger or Sandwich can be made using Whole Wheat Wraps

All Breads, Wraps, and Buns are Vegan

All Burgers and Sandwiches can be made without any breads. Substitute lettuce or kale as a wrap instead

Cheese options include:


- Swiss
- Jack
- Cheddar Cheese

Vegan Cheese options include:

- Vegan Cheddar
 - Vegan Swiss
-



SPECIALTY BURGERS

All burgers come with Follow Your Heart  Vegenaise, Organic Ketchup, Organic Tomatoes, Onion, Sprouts, Pickles, Organic Lettuce, your choice of Cheese all on a Whole Wheat Bun. Cheese options include: Swiss, Jack, Cheddar, Vegan Cheddar or Vegan Swiss

Beyond Burger \$14.99

Water, Pea Protein Isolate*, Expeller-Pressed Canola Oil, Refined Coconut Oil, Rice Protein, Natural Flavors, Cocoa Butter, Mung Bean Protein, Methylcellulose, Potato Starch, Apple Extract, Salt, Potassium Chloride, Vinegar, Lemon Juice Concentrate, Sunflower Lecithin, Pomegranate Fruit Powder, Beet Juice Extract

Amy's California Veggie Burger \$12.99

Organic mushrooms, organic bulgur wheat, organic onions, organic celery, organic carrots, organic oats, organic walnuts, organic wheat gluten, organic potatoes, sea salt, organic high oleic safflower and/or sunflower oil, organic garlic. Contains wheat and tree nuts (walnuts).

Turtle Island Tempeh Super Burger \$12.99

Organic Soybeans, Organic Brown Rice, Organic Wild Rice, Shoyu, Lemon Juice, Onions, Garlic, Vinegar, Starter Culture (*Rhizopus Oligosporus*)

Wheat Free Burger \$14.99

Pick your choice of Wheat-Free Burger:


- Down to Earth's Black Bean & Roasted Beets Burger or
- Gardein Garden Veggie Burger

and your choice of Gluten Free bread:

- Gluten Free Wrap
- Gluten Free Bun

HOT SANDWICHES & WRAPS

The Reuben • \$10.99

Vegetarian Yves Salami, Sauerkraut, Swiss Cheese, Sesame Seeds, Pickles, Tomatoes, Organic Organic Lettuce, Stone Ground Mustard, and Follow Your Heart  Vegenaïse on Rye

The Veggie Dog • \$7.99

Relish, Ketchup, and Mustard on a Whole Wheat Bun with your choice of

- Field Roast Apple Sage Sausage
- Field Roast Chipotle Sausage
- Yves Veggie Dog

Focaccia Panini • \$10.99

Pesto, Mozzarella Provolone Cheese Blend, Tomatoes, Onions, Bell Peppers, and Vegetarian Yves Ham, Yves Turkey, or Yves Salami (Grilled) on Focaccia bread

Mediterranean Panini • \$10.99

Pesto, Tomatoes, Kalamata Olives, Feta and Mozzarella Cheese, Spinach, and Balsamic Vinegar on Focaccia bread

Mock Chicken Supreme • \$12.99

Alpha Foods Chik'n Patty, Vegenaïse, Ketchup, Onions, Lettuce, Tomatoes, Pickles, Sprouts, and Swiss, Jack, or Cheddar Cheese on a Whole Wheat Bun


Nashville Hot Chik'n Sandwich (Spicy) \$14.99

Gardein Nashville tender, coleslaw, pickles, vegenaïse on a toasted bun.


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- Any Burger or Sandwich can be made using Whole Wheat Wraps
 - All Breads, Wraps, and Buns are Vegan
 - All Burgers and Sandwiches can be made without any breads
Substitute lettuce or kale as a wrap instead
 - Cheese options include Swiss, Jack, or Cheddar Cheese
 - Vegan Cheese options include Vegan Cheddar or Vegan Swiss
-

COLD SANDWICHES & WRAPS


The Rainforest Sub • \$10.99

Avocado, Sprouts, Spinach, Tomatoes, Carrots, Bell Peppers, Onions, Mustard, Follow Your Heart  Vegenaïse, Spike, and Lemon Juice on a Whole Wheat Sub Roll


Veggie Cold Cut Sub • \$10.99

Vegetarian Yves Salami, Yves Turkey or Yves Ham Slices, Tomatoes, Pepperoncini, Onions, Black Olives, Organic Lettuce, Bell Peppers, Follow Your Heart  Vegenaïse, Mustard, Olive Oil, Vinegar, and Swiss, Jack or Cheddar Cheese on a Whole Wheat Sub Roll

Mock Chicken Salad Wrap • \$10.99

Down to Earth Mock Chicken Salad with Follow Your Heart  Vegenaïse, Tomatoes, Cucumber, Sprouts, and Organic Lettuce on a Whole Wheat Tortilla

Avocado Wrap or Sandwich • \$10.99

Avocado, Tomatoes, Onions, Sprouts, Follow Your Heart  Vegenaïse and Mustard on a Whole Wheat Tortilla or Whole Wheat Bread

Falafel Wrap • \$10.99

Falafel, hummus, tomatoes, cucumbers, lettuce, tzatziki sauce on a whole wheat tortilla.

EXTRAS

Gluten Free Wrap • \$1.00

Gluten Free Bread or Burger Bun • \$2.00

Organic Tortilla Chips & Salsa • \$1.99

Add Cheese or Vegan Cheese • \$.49

- Swiss, Jack, or Cheddar Cheese
- Vegan Cheddar or Swiss Cheese

Avocado • \$2.00

SOUTH OF THE BORDER

Fresh Mex Burrito • \$10.99

3 Bean Chili, Organic Brown Rice, Cheese, Vegan Red Pepper Dressing, and Organic Lettuce on a Whole Wheat Tortilla

Quesadilla • \$10.99

Cheese, Bell Peppers, Green Onions, and Black Olives on a Whole Wheat Tortilla

All South of the Border entrées come with side orders of Sour Cream, Avocado, and Fresh Salsa

VEGGIE VALUE MENU

Mock Fishwich • \$5.99

Mock fish tempura fillet, cheese, whole wheat bun, vegenaïse, relish

Mock Fish Taco • \$2.99

Mock fish tempura fillet, corn tortilla, red cabbage, salsa, cilantro

Bean Rice Cheese Burrito • \$4.99

Whole wheat wrap, brown rice, mixed beans, cheese

Spicy Chik'n Roll up • \$6.99

Nashville hot chik'n tender, whole wheat wrap, vegenaïse, lettuce

Grilled Ham and Cheese • \$5.99

Whole Wheat Bread, Cheddar Cheese, Yves Mock Ham

Value Cheeseburger • \$5.99

Earth Burger patty, cheese, ketchup, pickles

Cheese Quesadilla • \$4.99

Whole wheat wrap, cheese

- Any Burger or Sandwich can be made using Whole Wheat Wraps
- All Breads, Wraps, and Buns are Vegan
- All Burgers and Sandwiches can be made without any breads. Substitute lettuce or kale as a wrap instead
- Cheese options include Swiss, Jack, or Cheddar Cheese
- Vegan Cheese options include Vegan Cheddar or Vegan Swiss

KEIKI MENU

Grilled Cheese • \$5.99

Whole Wheat Bread, Your Choice of Cheddar Cheese or Vegan Cheddar Cheese

Almond Butter and Jelly • \$5.99

Whole Wheat Bread, Almond Butter, Your Choice of Strawberry Jelly or Grape Jelly

Peanut Butter and Jelly • \$4.99

Whole Wheat Bread, Peanut Butter, Your Choice of Strawberry Jelly or Grape Jelly

Mock Chicken Nuggets (Alpha Chik'n Nuggets)

- 4 Pieces **\$3.99**

- 10 Pieces **\$7.99**

Add-ons: BBQ Sauce 50¢ Ranch Sauce 50¢



Also available in the freezer section at select Down to Earth locations

Alpha Mock Chicken Nuggets: Chik'n (Water, Soy Protein Concentrate, Textured Wheat Protein [Wheat Gluten, Wheat Starch, Vitamin E (Tocopherols)], Canola Oil, Vegan Chik'n Seasoning [Maltodextrin, Yeast Extract, Salt, Gum Arabic, Natural Flavors, Citric Acid], Methylcellulose, Yeast Extract, Natural Vegan Flavor), Breading (Wheat Flour, Wheat Gluten, Corn Starch, Canola Oil, Sugar, Yeast, Dextrose, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate], Garlic Powder, Onion Powder, Salt, Sunflower Oil. CONTAINS: Soy, Wheat

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Honolulu

2525 S King St
Honolulu, HI
Phone: (808) 947-7678

Kakaako

500 Keawe Street
Honolulu, HI
Phone: (808) 465-2512

Kailua

573 Kailua Road
Kailua, HI
Phone: (808) 262-3838

Pearlridge

98-211 Pali Momi Street
Aiea, HI
Phone: (808) 488-1375

Kapolei

4460 Kapolei Parkway
Kapolei, HI
Phone: 808-675-2300

Kahului, Maui

305 Dairy Rd
Kahului, HI
Phone: (808) 877-2661

www.downtoearth.org



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